Implementing My Anesthesia Choice-HF: FAQ for Clinicians

What is the My Anesthesia Choice-HF study?

- My Anesthesia Choice-HF (hip fracture) is a new, IRB-approved study that to **improve communication** between clinicians and patients about anesthesia choices for hip fracture surgery.
- Clinicians at your hospital will use **the My Anesthesia Choice-HF tool, a 1-page evidence-based discussion guide,** when talking about anesthesia options for hip fracture surgery with patients and their families.

What information is in the My Anesthesia Choice-HF tool and how does it work?

- The tool shows side-by-side information on risks and benefits of **spinal anesthesia** and **general anesthesia** for hip fracture surgery. The information comes from recent randomized trials, including the REGAIN trial.
- Copies will be available in preoperative areas and other settings where you typically have consent discussions.
- For patients with hip fracture who are eligible for either spinal anesthesia or general anesthesia, we will ask you to share a copy of the tool with the patient and use it to help discuss their anesthesia options.
- The anesthesiology research team at your hospital will send a reminder to use the tool before surgery.
- After the surgery, a member of the study team will follow up with you to ask if you used the tool with the patient. If the tool was not used, they'll collect information on reasons you didn't use it.

Will I receive training?

- Yes! The My Anesthesia Choice-HF team will do a brief training session at one of your upcoming grand rounds or faculty meetings. For clinicians who cannot attend the training, web-based recordings will be available.

How can I help?

- Review the draft tool and send us your feedback
- Attend the training at your site
- When the study begins, use the My Anesthesia Choice-HF tool with your potentially eligible hip fracture patients
- Communicate with your site team about whether or not you used the tool in each case.

Is my participation mandatory?

- Your participation is encouraged but voluntary. If you don't want to participate, just let your site lead know.

Who is funding the study?

- The Patient Centered Outcomes Research Institute (PCORI), a non-profit, non-government research organization.

Who is leading the study?

- Mark D. Neuman, MD, MSc (University of Pennsylvania; neumanm@pennmedicine.upenn.edu) & Mary C. Politi, PhD (Washington University in St. Louis; mpoliti@wustl.edu)

When will the study start at my hospital?

- Training sessions for will take place beginning in Summer 2024.
- Sites will start using the My Anesthesia Choice-HF tool beginning in Fall or Winter 2024.