

My Anesthesia Choice: Spinal or general anesthesia for hip fracture surgery







If you need surgery for a broken hip, you will need anesthesia during surgery.








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This guide will help you and your doctor choose between spinal and general anesthesia.

What is different between spinal and general anesthesia?

	Spinal anesthesia	General anesthesia
 What it involves	<ul style="list-style-type: none">• A shot (injection) in your back to numb your hip joint and legs so you do not feel pain• Medicine to make you feel relaxed and sleepy during surgery	<ul style="list-style-type: none">• Medicine to keep you unconscious (asleep) and unable to feel pain during surgery• A tube to help you breathe, which comes out when you wake up
 Who it is less safe for	May be less safe for people taking blood thinners	May be less safe for people with major lung issues
 Side effect: Shivering	About 6 out of 100 people have uncomfortable shivering after surgery	About 3 out of 100 people have uncomfortable shivering after surgery
 Side effect: Sore throat	About 2 out of 100 people have a sore throat after surgery	About 5 out of 100 people have a sore throat after surgery
 Side effect: Health problem (complication)	About 13 out of 100 people have a minor or serious health problem after surgery	About 15 out of 100 people have a minor or serious health problem after surgery

What is the same between spinal and general anesthesia?

 During surgery	Your care team will monitor you during surgery and will keep you comfortable. You will not feel pain.
 Pain: Pain after surgery	There is no difference in the amount of pain people feel in the first 3 days after surgery
 Recovery: Leaving hospital	Most people leave the hospital around 3 days after surgery
 Recovery: Where people go after leaving hospital	About 26 out of 100 people go directly home, while the others go to a rehab center for a few days before going home
 Side effect: Confusion	About 20 out of 100 people feel confused for a few days or weeks after surgery
 Recovery: Walking on own	About 82 out of 100 people are able to walk on their own 2 months after surgery
 Cost	The cost to you should be about the same. Check with your insurance or your hospital.

**Scan the QR code or visit MyAnesthesiaChoice.com
to see the data used to develop this tool.**

