






My Anesthesia Choice: Spinal or general anesthesia for hip fracture surgery










If you need surgery for a broken hip, you will need anesthesia during surgery. This guide will help you and your doctor choose between spinal and general anesthesia.

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What is different between spinal and general anesthesia?

| | Spinal anesthesia | General anesthesia |
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|  What it involves | <ul style="list-style-type: none"> A shot (injection) in your back to numb your hip joint and legs for a few hours. You will not feel pain or be able to move your legs. Medicine through your IV to make you feel relaxed during surgery | <ul style="list-style-type: none"> Medicine to keep you unconscious (asleep) and unable to feel pain during surgery A tube to help you breathe, which comes out when you wake up |
|  Who it is less safe for | May be less safe for people taking blood thinners | May be less safe for people with major lung issues |
|  Side effect: Shivering | About 6 out of 100 people have uncomfortable shivering after surgery | About 3 out of 100 people have uncomfortable shivering after surgery |
|  Side effect: Sore throat | About 2 out of 100 people in general have a sore throat after surgery | About 5 out of 100 people have a sore throat after surgery, likely from the tube that helps you breathe |
|  Side effect: Health problem (complication) | About 13 out of 100 people have a minor or serious health problem after surgery | About 15 out of 100 people have a minor or serious health problem after surgery |

What is the same between spinal and general anesthesia?

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|  During surgery | Your care team will monitor you during surgery and will keep you comfortable. You will not feel pain. |
|  Pain: Pain after surgery | There is no difference in the amount of pain people feel in the first 3 days after surgery |
|  Recovery: Leaving hospital | Most people leave the hospital around 3 days after surgery |
|  Recovery: Where people go after leaving hospital | About 26 out of 100 people go directly home, while the others go to a rehab center for a few days before going home |
|  Side effect: Confusion | About 20 out of 100 people feel confused for a few days or weeks after surgery |
|  Recovery: Walking on own | About 82 out of 100 people are able to walk on their own 2 months after surgery |
|  Cost | The cost to you should be about the same. Check with your insurance or your hospital. |

Scan the QR code or visit MyAnesthesiaChoice.com
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